

SECONDARY MENU SPRING-SUMMER 2023



WEEK 1

MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water

DESSERT OF THE DAY

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water



BBQ vegan balls SOYA, GLUTEN, CELERY

Mixed bean bake

Spaghetti Bolognese

FISH, GLUTEN

Lentil Bolognese

GLUTEN, CELERY



Brown rice

Garlic bread GLUTEN, MILK, SOYA

Crusty bread

GLUTEN, SESAME

Garlic bread

GLUTEN, MILK, SOYA



Sweetcorn Coleslaw



Carrot & cucumber sticks



Apple & raspberry crumble **GLUTEN**

& custard MILK

Yoghurt MILK

Fruit



Scone with jam & cream MILK, GLUTEN, SULPHUR DIOXIDE

Yoghurt MILK

Fruit



Nottinghamshire sausage & gravy

GLUTEN, SULPHUR DIOXIDE

Plant based sausage & gravy **SOYA, SULPHUR DIOXIDE**



Mashed potatoes Yorkshire pudding

MILK, EGG, GLUTEN

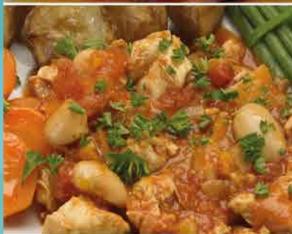
Carrots

Cabbage



Chocolate brownie GLUTEN

Yoghurt MILK Fruit



Summer chicken casserole **CELERY, GLUTEN**

Quorn summer casserole **CELERY, GLUTEN, EGG**

New potatoes

Crusty bread

GLUTEN, SESAME

Broccoli or Swede

Cornflake tart

GLUTEN, SULPHUR DIOXIDE & custard MILK

Yoghurt MILK

Fruit



MSC breaded fish **GLUTEN, FISH**

with lemon wedge

Quorn fishless fingers with lemon wedge

Crispy chunky chips

Diced potatoes

B

Mushy peas

Petit pois peas

Crunchy vegetables



Fruit flapjack **GLUTEN**

Yoghurt MILK

Fruit

Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager











SECONDARY MENU SPRING-SUMMER 2023



WEEK 2

MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water

DESSERT OF THE DAY

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water



Macaroni cheese MILK, GLUTEN

Tomato & basil pasta



Garlic bread GLUTEN, MILK, SOYA

Crusty bread GLUTEN, SESAME



Crunchy vegetables

Sweetcorn



Peaches in jelly

Yoghurt MILK

Fruit



Italian meatball wrap EGG, GLUTEN

Vegan meatball wrap **GLUTEN, SOYA**



New potatoes

Diced potatoes



Cucumber sticks

Coleslaw EGG



Chocolate & orange cookie

GLUTEN

Yoghurt MILK

Fruit



Koast Gammon & gravy

Roast Quorn & gravy MILK, EGG



Roast new potatoes

Yorkshire pudding MILK, EGG, GLUTEN



Diced swede

Green cabbage



Strawberry slice **GLUTEN**

Yoghurt MILK

or Fruit



Chicken & coconut curry **MUSTARD, MILK**

Vegetable chickpea & coconut curry **MUSTARD, MILK**



Chapati

B **Cucumber & mint**

Sweetcorn cobette

raita MILK



Raspberry ripple ice cream roll

GLUTEN EGG MILK SOYA

Yoghurt MILK

Fruit



MSC breaded fish **GLUTEN, FISH** with lemon wedge

Quorn fishless fingers

with lemon wedge

A **Crispy chunky**

chips **Diced potatoes** B

Mushy peas

Petit pois peas

Crunchy vegetables



Crispy jam tart **GLUTEN, SULPHUR DIOXIDE**

& custard MILK

Yoghurt MILK

Fruit



ESDAY

Choose one item from choice **A** and one item from choice **B**

For information about food allergens please ask the Chef Manager











SECONDARY MENU SPRING-SUMMER 2023



WEEK 3

MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water



Cheese & tomato quiche MILK, EGG, GLUTEN

or

Roast vegetable pasta

A

New potatoes

Garlic bread
GLUTEN, MILK, SOYA

B

Sweetcorn

Ranch salad EGG



with lettuce & mayonnaise
MILK, SOYA, GLUTEN, EGG,
SULPHUR DIOXIDE, SESAME

Meat free burger in a bun with lettuce & mayonnaise MILK, SOYA, GLUTEN, EGG, SESAME



Diced potatoes

or Roast potatoes



Crunchy vegetables

Coleslaw EGG





Mixed berry mousse MILK
& shortbread biscuit GLUTEN

Or Vogbi

Yoghurt MILK or

Fruit



Ginger cookie GLUTEN

Yoghurt MILK

Fruit



Roast pork, stuffing GLUTEN & gravy

or

Roast Quorn MILK, EGG, stuffing GLUTEN & gravy



Yorkshire pudding
MILK, EGG, GLUTEN

or Roast new potatoes B

Carrots or

Spring cabbage



Marble slice GLUTEN
& custard MILK

or

Fruit

Yoghurt MILK



Pepperoni pizza MILK, CELERY, EGG, GLUTEN, MUSTARD, SOYA

or

Margherita pizza MILK, GLUTEN A

Garlic bread
GLUTEN, MILK, SOYA

or Jacket wedges B Crunchy vegetables

or Coleslaw



Summer fruit salad

or

Yoghurt MILK

or Fruit



MSC breaded fish GLUTEN, FISH

with lemon wedge

Quorn fishless fingers GLUTEN

with lemon wedge

A

Crispy chunky chips

or Diced potatoes

+

B

Mushy peas

Petit pois peas

or Crunchy vegetables



Butterscotch tart

MILK, GLUTEN

or

Yoghurt MILK or Fruit



JESDAY

WEDNESDA

Choose one item from choice **A** and one item from choice **B**

For information about food allergens please ask the Chef Manager





