Dance KS3 Progress Ladder

Create a meaningful well- structured dance performance that uses technical skills effectively.	Communicate meaning through sustained use of emotive expressive skills.	Justify how the choreographic intention is shown through a range of elements.	Demonstrate leadership skills.	Repeatedly respond to independent self- assessment.	Successfully navigate changes in timing and rhythmic content.
Include a range of relationships in your piece that communicate your stimulus or dance idea.	Perform showing accurate physical skills appropriate to the dance style.	Explain your own interpretations on the meaning behind dance.	Encourage and support others.	Respond to independent self-assessment.	Solve problems when choreographing and structuring routines.
Use a range of space elements to communicate your stimulus or dance idea.	Perform with commitment.	Explain how dance techniques are used in a performance.	Collaborate with others.	Respond to teacher led self- assessment.	Design a creative, practical and engaging use of performance space.
Create actions and dynamics from a stimulus.	Accurately perform a routine to an audience.	Describe a dance piece using key terminology.	Listen to others and actively contribute.	Respond to others' feedback.	Use innovative shapes to create action content that links together.
Use a stimulus to inspire ideas.	Copy and recall actions.	Identify key facts about a dance piece.	Contribute positively to the team.	Try once.	Dance to an 8 beat structure.
CHOREOGRAPHING CREATIVELY	PERFORMING	APPRECIATING LIVE DANCE	TEAM WORKING	PERSISTENCE	NUMERACY