



OCR H555
 PAPER 1 (30%): Physiological factors 2hrs
 PAPER 2 (20%): Psychological factors 1 hr
 PAPER 3 (20%): Socio-cultural issues 1hr

YEAR 13
A-LEVEL

- 01 - Linear motion, angular motion, fluid mechanics and projectile motion, Energy systems
- 02 - Memory models, Attribution, Confidence, Leadership, Stress Management
- 03 - Ethics and deviance in sport, Commercialisation and media, Routes to sporting excellence in the UK and Modern technology in Sport



H555/04 – The Evaluation and Analysis of Performance for Improvement (EAPI)

H555/04 – Continual assessment of practical performance /30



Read PE journal articles

- H555/01 – Physiological factors affecting performance
- H555/02 – Psychological factors affecting performance
- H555/03 - Socio-cultural issues in physical activity and sport

H555/04 – NEA (30%)
Performance in physical education

YEAR 12
A-LEVEL

Transition task – complete independent bridging unit



Attend KS5 Pathways evening

Health, fitness and well-being

Sport Psychology

Complete a log of participation

Paper 2 – Socio-cultural influences and well-being in physical activity and sport

YEAR 11
GCSE

Analysis and evaluation of performance to bring about improvement in one activity.



Use of data

Social cultural influences



1. Applied anatomy and physiology

3. Physical training



Non-exam assessment (NEA) (40%): Practical performance in physical activity and sport

Practical Assessment 75marks

Start your examination course

Paper 1 – The human body and movement in physical activity and sport



2. Movement analysis

4. Use of data



Individual Activity

Activity 3 Team or individual



Team Activity

YEAR 10
GCSE

Exam technique
A mixture of multiple choice/objective test questions, short answer questions and extended answer questions



AQA 8582
(Both 1 hr 15mins)
PAPER 1 (30%): The human body and movement
PAPER 2 (30%): Socio-cultural influences and well being

Opt for GCSE PE

Attend KS4 Pathways evening



Participate in competitive sport



Regularly represented Tuxford Academy PE in KS3

