

Mental health and wellbeing principles - appendix

Tuxford Academy

September 2023

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“Mental health is a state of wellbeing in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.”

(World Health Organisation)

1 Executive summary

The academy follows all aspects set out in the Diverse Academies policy.

2 Roles and responsibilities

The academy follows all aspects set out in the Diverse Academies policy. Nikki Ashton and Leanne Murphy, Assistant Principals oversee Personal Development within Tuxford Academy. Anna Leathem-Pugh, Vice Principal oversees Safeguarding and student wellbeing within Tuxford Academy.

3 Training

The academy follows all aspects set out in the Diverse Academies policy.

4 Designated mental health lead

The academy follows all aspects set out in the Diverse Academies policy. Anna Leathem-Pugh oversees Safeguarding including mental health, working closely with Scott Thompson, SENCO.

5 Trustees and academy committees

The academy follows all aspects set out in the Diverse Academies policy.

6 Appendix to principles statement

The academy follows all aspects set out in the Diverse Academies policy.

7 Mental health academy best practice proforma

A mental health best practice proforma is available on request.

8 Review

The academy follows all aspects set out in the Diverse Academies policy.